



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ADVENTURE AWAITS

2025 SUMMER CAMP



Southeast Ventura County YMCA

Simi Valley Family YMCA | Yarrow Family YMCA

CAMP LEADERSHIP



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SUMMER CAMP LOCATIONS

TABLE OF CONTENTS

Camp Leadership	2
Locations	3
Membership	4
Important Camp Info & Rules	6-7
Simi Valley Family YMCA Camp Info	8-9
Simi Valley Family YMCA Adventure Camp	10-11
Yarrow Family YMCA Camp Info	12-13
Yarrow Family YMCA Adventure Camp	14-15
Leaders In Training (LIT) Camp Info	16
Meet the Summer Camp Directors	17
Parent Handbook	18-19
Swimming at the Y	20-21
Work for the Y	22
Send a Child to Camp	23
Afterschool Program	24

NEW LOCATION

Simi Valley Family YMCA

Atherwood Elementary
2350 E Greensward St.
Simi Valley, CA 93065

Yarrow Family YMCA

White Oak Elementary
31761 Village School Rd.
Westlake Village, CA
91361

Scan QR code
to view the entire
Parent Handbook



SCAN ME



MEMBERSHIP MEANS MORE

With the Y, you are not just a member of a facility, you are part of a cause. With a shared commitment to nurturing the potential of kids, improving health and well-being, giving back and supporting our neighbors, your membership will not just bring about a meaningful change in yourself, but in your community, too.

BENEFITS OF BECOMING A MEMBER BECOME A Y MEMBER TODAY

The Y is a community for all to learn, grow and thrive. We bring families closer together, encourage health and well-being and foster connections through health and wellness, sports, fun and shared interests. We are also an ongoing source of support, guidance and resources for members and the people in the communities we serve.

DISCOVER MEMBERSHIP AT THE Y

A Y membership is so much more than just priority camp registration. Discover the unique community in your facility and all that the Y has to offer. Connect, play and discover new things. We offer comprehensive healthy living and learning experiences for children, teens, adults, seniors and families.

FACILITY MEMBERSHIP INCLUDES:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Aquatic Group X Classes • Enrichment Classes • Family Swim • Game Room • Group X Classes • Homework Area • Indoor Fitness Area • Kids' Zone • Lap Lane Pool • Warm Water Pool | <p>Added Fee:</p> <ul style="list-style-type: none"> • Personal Training • Small Group Training • Swim Lessons • HydroMassage Lounge (Yarrow Family YMCA) <p>Yarrow Family YMCA:</p> <ul style="list-style-type: none"> • Basketball Gym • Café • Pickleball Courts • Outdoor Fitness Area • Volleyball Courts |
|--|---|

CONTACT

Simi Valley FamilyYMCA | Yarrow Family YMCA
membership@sevymca.org
www.sevymca.org/membership



Did you know that the Y offers a child care family membership at a reduced rate? Go to www.sevymca.org/membership to learn more!

WHY YOU AND YOUR CHILD WILL LOVE THE YMCA!

The Y is the nation's largest child care provider and has more than 170 years of experience in providing top-notch camp programs across the country. The Y is proud to provide a SAFE environment for kids to experience new adventures, learn new skills and continue learning through the summer months.

SUMMER FUN FOR EVERYONE

Summer is a time for kids to explore new things and expand the limits of their imagination! At our YMCA summer camp, your child will create lifelong memories while participating in enriching, age-appropriate, fun activities! Your child will make new friends, experience new things and have tons of fun as they explore new adventures each day!

EACH WEEK HAS A THEME THAT WILL BE CARRIED THROUGHOUT CAMP, INCLUDING:

- Decorations
- Crafts
- Activities
- Vendors & Entertainment



We strive to promote Healthy Eating and Physical Activity (HEPA) standards in our many program areas. Each Y camper will receive at least 1 to 2 hours of physical activity each day.

Y camp curriculum features the opportunity for enhanced learning activities and educational learning experiences.

At the YMCA, we keep a 14:1 child-to-counselor ratio as we believe a smaller ratio creates a more personal experience to learn and grow.

Y campers enjoy swimming once per week at our YMCA indoor pools. Campers are tested by Red Cross Certified Y lifeguards on swimming ability. If determined a "red band" swimmer (needs improvement), they will receive either a life vest or puddle jumper and have a chance to retest the following week.

IMPORTANT CAMP INFORMATION

CURBSIDE DROP-OFF & PICK-UP

The security of all children in our care is of top priority. Each child must be signed in and out every day by an authorized adult aged 18 or older, with a photo ID. Late pick-up could be charged a late fee, plus \$1 for each minute after the scheduled pick-up time.

WHAT TO BRING TO CAMP

Bring a refillable water bottle, lunch, snacks and sunscreen every day. Sunscreen should be applied before arriving at camp. Camp staff members can help campers safely apply sunscreen, but they will also be sure to remind campers to apply it regularly. Bring swimsuit and towel on swim days. Backpacks/tote bags are permitted, but not required. **Label everything!**

WHAT IS NOT ALLOWED AT CAMP

Personal electronics, toys or games from home, shoes with wheels and weapons of any kind are not permitted at camp. Large sums of money, jewelry or anything else of value should not be brought to camp. The Y is not responsible for lost, stolen or damaged personal items.

WHAT TO WEAR

Campers should dress comfortably for the weather and must wear closed-toed shows. **Flip-flops, sandals and crocs are only permitted on the pool deck.** Please label everything!

PARENT HANDBOOK

Extended policies are included in our Childcare Parent Handbook, which is available online at www.sevymca.org/child-care.

NO CAMP DAYS

June 19:

Juneteenth

July 4:

Independence
Day



PAYMENTS

Payments must be received by the Wednesday prior to the start of each camp week. If full payment is not received by Wednesday, your child may be dropped from our roster. Payments will be set up on a draft.

LATE REGISTRATION

Any registration made after close of camp on Wednesday, may be subject to a \$5 late registration fee.

COMMUNITY SCHOLARSHIP FUND

The YMCA is for EVERYONE! Financial assistance is available for qualifying families at our Y or if you apply for either CDR or CCRC. Please be sure to indicate which camp you are applying for during registration.

IMPORTANT CAMP RULES

Campers take **RESPONSIBILITY** for their actions.

Campers **RESPECT** themselves, each other, equipment and the environment.

HONESTY is the basis for all relationships and interactions.

Campers are **CARING** in their relationships with others.

Campers should talk to a camp counselor or any camp staff member if they are uncomfortable with any experiences or need assistance while at camp.

DISCIPLINE PROCEDURES

REDIRECTION: Staff will redirect the camper to more appropriate behavior.

STOP & THINK: If inappropriate behavior continues, the camper will be reminded of behavior and camp rules and the camper will be asked to decide on action steps to correct his/her behavior.

REFERRAL: If a child's behavior still does not meet expectations and is affecting the experience of other campers, he/she will be referred to the Camp Office. Consequences may include, but are not limited to: loss of privilege(s), phone call home, parent conference, etc.

SUSPENSIONS/EXPULSION: If inappropriate behavior continues, as a last action step, the camper may be dismissed from camp for a period of time, up to the remainder of the summer. Camp fees are non-refundable if a camper is sent home for disciplinary reasons.

Examples of unacceptable behavior:

- Refusing to follow behavior guidelines or camp rules
- Using profanity, vulgarity or obscenity
- Stealing or damaging personal or camp property
- Refusal to participate in activities and cooperate with staff
- Disrupting a program
- Endangering the health and safety of a child and or staff
- Use of illicit drugs, alcohol or tobacco
- Sexual conduct of any kind
- Teasing, making fun of or bullying other campers or staff
- Fighting of any kind

Physical violence or bullying towards another camper or staff member will result in immediate suspension for the remainder of the camp week; a second offense will result in expulsion for the remainder of the summer.

ANTI-BULLYING

The Y is committed to preventing bullying, which is defined as systematically and chronically inflicting physical hurt or distress on a child or staff member. Bullying is further defined as unwanted and repeated written, verbal or physical behavior, including threatening, insulting or dehumanizing gestures that are pervasive enough to create an intimidating or hostile environment. It includes, but is not limited to, teasing, social exclusion, threat, intimidation, stalking, cyber-stalking, physical violence, theft, harassment, humiliation or destruction of property.

BEHAVIOR & MEDICAL CONDITIONS

It is helpful to disclose all behavior and medical conditions at the time of registration so that we may best serve your child. The Y makes reasonable accommodations to met every child's needs. On the registration form, there is a section to inform camp staff of anything necessary to support your child.

SUMMER AT A GLANCE

CARE PROVIDED: 7:00am – 6:00pm | CAMP PROGRAMMING: 9:00am – 4:00pm

Week 1: June 9-June 13 | We are the Champions

Get ready to team up, train hard and shine like champions! This week is all about celebrating sportsmanship, teamwork and the thrill of the game. Campers will explore a variety of sports, compete in friendly challenges and discover the champion within. It's a week of action-packed fun, fitness and unforgettable memories. Let the games begin!

Vendor – RAMS Training Camp

Week 2: June 16-June 20 | Summer Camp Assemble (Closed June 19th for Juneteenth)

Campers, assemble! This week is all about celebrating our heroes—both real and imaginary. Heroes come in all shapes and backgrounds and it's up to our campers to show us what it takes to be a true hero! Join us for a week full of super activities and exciting adventures as our heroes-in-training prove their strength, courage and teamwork. It's time to discover the hero within!

Vendor – Omegaman Assembly

Week 3: June 23-June 27 | Space Jam

Blast off into a week of intergalactic fun! Campers will explore the cosmos with space-themed sports, games and activities inspired by the wonders of the universe. From alien relay races to cosmic crafts, this week combines the excitement of sports with the mystery of outer space. Join us for an out-of-this-world adventure where teamwork is stellar and everyone's a star!

Vendor – Laser Tag

Week 4: June 30-July 3 | Celebration of Nations (Closed 4th of July)

Join us as we explore the rich diversity of nations around the world! Through art, games and traditions, campers will learn about the beautiful cultures that make up our global community. The Y is a place where people from all backgrounds come together and this week is all about celebrating those unique stories and traditions. Let's embrace the wonderful world around us with fun, learning and unity!

Vendor – Drum Circle

Week 5: July 7-July 11 | Party Animals

Get ready to go wild! This week is all about celebrating the animal kingdom with fun, furry and ferocious activities. Campers will learn about amazing creatures, play animal-themed games and unleash their creativity with nature-inspired crafts. From jungle adventures to underwater escapades, it's a roaring good time for all your little party animals!

Vendor – Reptile Show

Week 6: July 14-July 18 | Weird Science

Get ready to experiment, explore and be amazed! This week, campers will dive into the world of science with hands-on experiments, wacky inventions and mind-blowing discoveries. From bubbling potions to creative engineering challenges, it's a week where curiosity leads to exciting adventures. Join us for a STEM-tastic journey full of weird and wonderful surprises!

Vendor – STEM Museum on Thursday

Week 7: July 21-July 25 | Lil' Picassos

Discover your inner artist! During this colorful and creative week, campers will explore their imaginations through painting, drawing, sculpting and more. From making masterpieces to learning about famous artists, every camper will have a chance to express themselves and showcase their talents. Let's create, inspire and bring art to life!

Vendor – (Tentative) Paint a Dream

Week 8: July 28-August 1 | Let `em Cook

Who doesn't love a tasty treat? This week, campers will get creative in the kitchen as they whip up fun, delicious edible crafts. From sweet snacks to savory surprises, it's all about exploring flavors and having fun with food. Watch as the kids cook up their own masterpieces—they'll love every bite of it!

Vendor – Sub Zero Ice Cream Show

Week 9: August 4-August 7 | Fun in the Sun (Closed August 8)

As summer winds down, what better way to finish off with a splash? This week is packed with exciting water games and activities that will keep campers cool and having a blast. From water relays to splashy fun, it's the perfect way to wrap up summer in the most refreshing way possible. Let's dive into the fun and make a splash together!

Vendor – Camp Carnival

GET IN THE SPIRIT

2025 CAMP THEMES

Dress up for the weekly theme every WEDNESDAY!

We are the Champions: Jersey Day

Summer Camp Assemble: Favorite Super Hero

Space Jam: Alien

Celebration of Nations: Favorite Holiday or Country

Party Animals: Favorite Animal

Weird Science: Crazy Hair

Lil' Picassos: Group Colors

Let `em Cook: Favorite food

Fun in the Sun: Hawaiian

CAMP WEEKLY STRUCTURE

Please note: Camp is primarily outdoors with some rotations inside.

Shade will be provided for outdoor rotations.

SIMI VALLEY FAMILY YMCA:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Camp Rotations for All	Camp Rotations (2nd-5th) Park (TK-1st)	Dress Up Day and Onsite Vendor/Show Camp Rotations for All	Park (2nd-5th) Camp Rotations (TK-1st)	Pep Rally Pool Day

*Groups may walk to Atherwood Park or Town Center. Weekly schedule will be sent prior to the start of camp.

DAILY SAMPLE SCHEDULE

7:00am – 9:00am	Extended Care
9:00am – 9:30am	Morning Snack & Group Huddle
9:30am – 10:00am	Activity 1
10:10am – 10:40am	Activity 2
10:50am – 11:20am	Activity 3
11:30am – 12:00pm	Activity 4
12:00pm – 1:00pm	Lunch
1:00pm – 1:30pm	Activity 5
1:40pm – 2:10pm	Activity 6
2:20pm – 2:50pm	Activity 7
3:00pm – 3:30pm	Activity 8
3:30pm – 4:00pm	Afternoon Snack & Group Huddle
4:00pm – 6:00pm	Extended Care

Rotations are different per group and each child will rotate through each activity.

ACTIVITIES INCLUDE

- Arts & Crafts
- Cooperative Games
- Game Arena
- Slingshots
- STEM – “Exploratory”
- Teambuilding
- Water Games
- Specialty Classes to possibly include:
 - Science
 - Cooking
 - Sports
 - Music
 - Dance

Pricing Per Week

	Member	Non-Member
5 days/week:	\$270	\$285
3 days/week:	\$220	\$235
LIT 5 days:	\$230	\$245

Camp scheduling and content are subject to change.

The Y's four core values are incorporated into all of our camp programs and activities: Respect, Responsibility, Honesty and Caring.



ADVENTURE CAMP

4TH-6TH GRADERS

Adventure Camp is our older camp option where campers will go on a weekly field trip that aligns with the theme for the week. (Please take a look at the calendar on the next page). Each week will be an adventure of a lifetime. Twice a week, campers will be onsite and will be able to attend specialist classes and group activities.

Please note that our highly-trained staff will have additional trainings on travel safety and we will be bringing one of our YMCA lifeguards to assist us at the beach.



Adventure Camp Weekly Pricing

Member Price:
\$345 - 5 Days

Non-Member Price:
\$360 - 5 Days

*Adventure Camp is only a 5-day option
due to trip reservations.



SCHEDULE OF FIELD TRIPS

Please note: Camp is primarily outdoors with some rotations inside.
Shade will be provided for outdoor rotations.

SIMI VALLEY FAMILY YMCA:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W1	LEMON PARK	POOL - AM ON-SITE - PM	BOWLING	MOTHER'S BEACH	ON-SITE AND CAMP RALLY
W2	RANCHO SIMI PARK	POOL - AM ON-SITE - PM	SKY ZONE	CLOSED	ON-SITE AND CAMP RALLY
W3	SANTA SUE PARK & RAILROAD	POOL - AM ON-SITE - PM	GRIFFITH OBSERVATORY	HANSEN DAM	ON-SITE AND CAMP RALLY
W4	BIG SKY PARK	POOL - AM ON-SITE - PM	NATURAL HISTORY MUSEUM	SILVER STRAND	CLOSED
W5	LEMON PARK	POOL - AM ON-SITE - PM	MOORPARK TEACHING ZOO	HANSEN DAM	ON-SITE AND CAMP RALLY
W6	RANCHO SIMI PARK	POOL - AM ON-SITE - PM	SCIENCE CENTER PLUS IMAX	HOLLYWOOD BY THE SEA	ON-SITE AND CAMP RALLY
W7	SANTA SUE PARK & RAILROAD	POOL - AM ON-SITE - PM	CSUN MATILDA THE MUSICAL	HANSEN DAM	ON-SITE AND CAMP RALLY
W8	BIG SKY PARK	POOL - AM ON-SITE - PM	UNDERWOOD FAMILY FARMS	SILVER STRAND	ON-SITE AND CAMP RALLY
W9	LEMON PARK	POOL - AM ON-SITE - PM	PIRATE ADVENTURE MATINEE	CAMP CARNIVAL ON-SITE	CLOSED

SUMMER AT A GLANCE

CARE PROVIDED: 7:00am – 6:00pm | CAMP PROGRAMMING: 9:00am – 4:00pm

Week 1: June 16–June 20 | Up, Up, and Away! (Closed June 19th for Juneteenth)

Calling all superheroes! It's time to don your capes, unleash your powers and save the day—camp style! Whether you're mastering the art of disguise, designing your ultimate superhero suit or testing your strength in epic challenges, this week is all about going beyond the ordinary. Create your own superhero identity, team up to conquer missions and prepare for an action-packed adventure that'll leave villains trembling (or laughing, we're fun like that). Get ready to soar to new heights—because at camp this week, you're the hero of the story!

Vendor – Omegaman Superhero Assembly

Week 2: June 23–June 27 | X-Games Extreme!

Get ready to crank up the adrenaline, because this week is all about pushing limits, breaking records and having the most epic time ever! Whether you're mastering new skills in sports playing board games or discussing your favorite video game characters the X-Games week will have you feeling like a pro. Think fast, jump high and bring your A-game because it's time to show what you're made of. Don't worry if you're not a sports superstar yet—this week is all about fun, fearless moves and maybe a little friendly competition. Let's go big or go home!

Vendor – BMX Bike Show

Week 3: June 30–July 3 | Let's Get Festive! (Closed 4th of July)

It's a party all week long and you're invited! We're celebrating every holiday, big and small, with a twist—think summer snowball fights, tropical Thanksgiving feasts and a Valentine's Day dodgeball showdown. From wacky costumes to holiday-inspired games and crafts, this week is all about spreading joy, getting creative and turning every day into a festival of fun. Get ready to deck the halls, light up the camp and make memories worth celebrating!

Vendor – Happy Un-Birthday Party with Inflatables

Week 4: July 7–July 11 | Eat, Love, Play

Pack your taste buds and your sense of adventure, because this week we're taking a delicious trip around the world! From crafting your own sushi to making Italian pizza masterpieces and whipping up sweet treats from every corner of the globe, it's all about food, fun and flavor. You'll learn new cooking skills, explore exciting cuisines and maybe even discover your favorite new dish. Add a sprinkle of friendly cooking challenges, a dash of culture and a big helping of laughs and you've got the recipe for the tastiest week ever. Bon appétit, campers!

Vendor – (Tentative) Cooking Class

Week 5: July 14–July 18 | Inventors' Workshop Calling all future masterminds and creators! This week, it's time to unleash your wildest ideas and build the inventions of your dreams. From designing contraptions that solve everyday problems (or create new ones!) to crafting gadgets that seem straight out of a sci-fi movie, this is your chance to think big, dream bigger and maybe even fail spectacularly in the name of innovation. Whether you're a tinkerer, dreamer or just here for the explosions (the safe kind, we promise), the Inventors' Workshop is where the magic happens! Ready to change the world—or at least your corner of it? Let's build!

Vendor – STEM Museum Experience

Week 6: July 21–July 25 | Camp's Got Talent!

Lights, camera, action—it's your time to shine! This week, the stage is yours to show off your incredible, hilarious or downright unexpected talents. Can you sing like a superstar, juggle like a pro or make everyone laugh with your best impersonation of a camp counselor? From epic performances to crazy-fun workshops, we're here to cheer you on and crown the ultimate camp star. Whether you're a born performer or just want to try something new, this week is all about celebrating YOU. Ready to dazzle? Let's hear it for Camp's Got Talent!

Vendor – DJ Party with Karaoke

Week 7: July 28–August 1 | We Bought a Zoo!

Get ready to go wild—literally! This week, camp transforms into a jungle, safari and aquarium all rolled into one. From creating your own imaginary animals to learning about the coolest creatures on Earth, you'll be the zookeeper of your own adventure. Build habitats, go on scavenger hunts for exotic "species" and maybe even discover your inner animal whisperer. Warning: things might get a little messy, a lot noisy and totally unforgettable. Who needs a ticket to the zoo when we are the zoo?

Vendor – Mobile Zoo – Reptile Show

Week 8: August 4–August 8 | Mystery Island

Ahoy, adventurers! You've washed up on Mystery Island, where nothing is as it seems and every day brings a new puzzle to solve. Strange maps, hidden clues and secret challenges await as you work together to unravel the island's greatest mysteries. Will you discover buried treasure, outsmart a tricky pirate or unlock the secrets of the jungle? Adventure, danger (the fun kind) and surprises are around every corner. Pack your curiosity and get ready for the ultimate island escapade—Mystery Island is calling!

Vendor – Jack Sparrow Pirate Show

Week 9: August 11–August 15 | Summers at the Museum

Step into a world where history, art and science come to life! This week, the museum isn't just a place to visit—it's an adventure waiting to happen. Discover ancient lettering, create your own masterpieces and dive into hands-on experiments that would make any scientist proud. From exploring prehistoric fossils to curating your very own exhibit, you'll unlock the coolest stories behind the artifacts. Who needs a boring old tour guide when you can be the explorer? Get ready for a summer at the museum you'll never forget!

Vendor – (Tentative) Mobile History Museum

CAMP WEEKLY STRUCTURE

Please note: Camp is primarily outdoors with some rotations inside.

Shade will be provided for outdoor rotations.

YARROW FAMILY YMCA:

MONDAY

All-Camp Rotations

TUESDAY

Camp Rotations
TK-K & 1st–2nd

Park & Swim
3rd–5th

WEDNESDAY

Onsite Vendor/
Show, Morning
Swim, Camp
Rotations for All

THURSDAY

Park & Swim
1st–2nd

Camp Rotations
TK-K & 3rd–5th

FRIDAY

Dress Up Day–
Morning Pep Rally
Rotations and
All Camp Games

*Depends on child's age/group number. Weekly schedule will be sent prior to the start of camp.

DAILY SAMPLE SCHEDULE

7:00am – 9:00am	Extended Care
9:00am – 9:30am	Morning Huddle
9:30am – 10:15am	Rotation 1
10:25am – 11:10am	Rotation 2
11:20am – 12:05pm	Rotation 3
12:05pm – 1:00pm	Lunch
1:00pm – 1:45pm	Rotation 4
1:55pm – 2:40pm	Rotation 5
2:50pm – 3:35pm	Rotation 6
3:35pm – 4:00pm	Afternoon Huddle
4:00pm – 6:00pm	Extended Care

Rotations are different per group and each child will rotate through each activity.

ACTIVITIES INCLUDE

Most camps will spend 3 rotations focusing on their specialty activity. The additional 3 rotations that occur throughout the day are spent at our Activity Stations which include activities like arts and crafts, STEAM, songs, games and more!

A significant portion of the day is spent playing outside. Please make sure you apply sunscreen to your kids before dropping them off.

Pricing Per Week

	Member	Non-Member
5 days/week:	\$300	\$315
3 days/week:	\$250	\$265
LIT 5 days:	\$245	\$260

Camp scheduling and content are subject to change.

The Y's four core values are incorporated into all of our camp programs and activities: Respect, Responsibility, Honesty and Caring.

GET IN THE SPIRIT

2025 CAMP THEMES

Dress up for the weekly theme every FRIDAY!

Up, Up and Away: Favorite Superhero

X-Games Extreme: Team Color

Let's Get Festive: Favorite Holiday

Eat, Love, Play: Favorite Food

Inventors' Workshop: Crazy Hair and Crazy socks

Camps' Got Talent: Dress Your Best

We Bought a Zoo: Favorite Animal

Mystery Island: Pirates or Mermaids

Summers in the Museum: Favorite Historical Figure



ADVENTURE CAMP

4TH-6TH GRADERS

Adventure Camp is our older camp option where campers will go on a weekly field trip that aligns with the theme for the week. (Please take a look at the calendar below). Each week will be an adventure of a lifetime. Twice a week, campers will be onsite and will be able to attend specialist classes and group activities.

Please note that our highly trained staff will have additional trainings on travel safety and we will be bringing one of our YMCA lifeguards to assist us at the beach.



Adventure Camp Weekly Pricing

Member Price:
\$375 - 5 Days

Non-Member Price:
\$390 - 5 Days

*Adventure Camp is only a 5-day option due to trip reservations.

SCHEDULE OF FIELD TRIPS

Please note: Camp is primarily outdoors with some rotations inside.
Shade will be provided for outdoor rotations.

YARROW FAMILY YMCA:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W1	POOL & CONEJO CREEK PARK	ON-SITE SPECIALIST CLASSES	SKY ZONE	CLOSED	PEP RALLY & ALL CAMP GAME
W2	POOL & OAK CANYON	ON-SITE SPECIALIST CLASSES	LASER TAG	OXNARD PARK BEACH	PEP RALLY & ALL CAMP GAME
W3	POOL & CONEJO CREEK PARK	ON-SITE SPECIALIST CLASSES	(TENTITIVE) BOULDERDASH ROCK CLIMBING	PEP RALLY AND ALL CAMP GAMES	CLOSED
W4	POOL & OAK CANYON	ON-SITE SPECIALIST CLASSES	UNDERWOOD FAMILY FARM	HANSEN DAM	PEP RALLY & ALL CAMP GAME
W5	POOL & OAK CANYON	ON-SITE SPECIALIST CLASSES	SCIENCE CENTER PLUS IMAX MOVIE	HANSEN DAM	PEP RALLY & ALL CAMP GAME
W6	POOL & CONEJO CREEK PARK	ON-SITE SPECIALIST CLASSES	MATILDA THE MUSICAL	OXNARD PARK BEACH	PEP RALLY & ALL CAMP GAME
W7	POOL & CONEJO CREEK PARK	MOORPARK TEACHING ZOO	ON-SITE SPECIALIST CLASSES	OXNARD PARK BEACH	PEP RALLY & ALL CAMP GAME
W8	POOL & OAK CANYON	ON-SITE SPECIALIST CLASSES	PIRATE ADVENTURE MATINEE	HANSEN DAM	PEP RALLY & ALL CAMP GAME
W9	POOL & CONEJO CREEK PARK	ON-SITE SPECIALIST CLASSES	LA BREA TAR PITS	OXNARD PARK BEACH	PEP RALLY & ALL CAMP GAME

LEADERS IN TRAINING

Grades 6 – 10

The Leaders in Training (LIT) program is designed to help teens find their next level of leadership development and community service.

Through this program, our LITs get the opportunity to build positive relationships with each other, learn how to effectively work with youth of all ages and be an integral part of the YMCA team. LITs will assist camp groups and help facilitate camp activities under the direction of senior camp staff. LITs will learn skills necessary to become role models at camp, school and in their community.

As an LIT, your teen will be exposed to and gain experience in the following:

- Team Building
- Group Facilitation
- Relationship Building
- Creating Programming
- Positive Youth Development
- Conflict Management
- Problem Solving
- Life Skills that will prepare them for the future
- LOTS of fun

YARROW FAMILY YMCA ONLY: JR. GUARD ENRICHMENT

Our Jr. Guard enrichment program is a designed to instill water safety skills and leadership qualities in our campers. Through a combination of swim training, basic rescue techniques and team activities, LITs will learn about what it takes to be a lifeguard and why they do what they do!

MEET THE SIMI VALLEY FAMILY YMCA CAMP DIRECTORS



MADI
TK-1 Director



DANIELA
2nd-5th Director



KAREENA
Sr. Camp Director



NIKKI
Travel Camp Director



ALEXIS
LIT/Specialist

MEET THE YARROW FAMILY YMCA CAMP DIRECTORS



ALEX
Littles Director



ROBBIE
Middles Director



JENNA
Bigs Director



REMI
Travel Camp Director



LUKE
Middles Director



GISELLE
LIT/Specialist



PARENT HANDBOOK

MEDICATION

Should your camper need to take medication during the program, we will administer as directed. The following items are essential for us to dispense any medications:

- The medication will need to be checked in with a day camp staff. Please do not leave the medication with your camper, including over-the-counter medication, EpiPens, inhalers, creams, eye drops, etc.
- Medication must be in its original container with labeled prescription instructions.
- A completed Medication Release form must be signed and submitted.
- All unused medicine not retrieved by the parent or legal guardian will be locked up and discarded one week after the camper's last day of camp.



ILLNESS

Keep sick children home. Children who have had diarrhea, a fever or have vomited within the last 24 hours cannot attend camp. Parents/guardians will be notified immediately if a camper becomes ill while at camp. Parents/guardians are expected to arrange immediate pick-up of ill campers. Campers who become ill at camp will be cared for away from the group by staff until an authorized adult picks them up. Children with or showing signs/symptoms of a communicable illness cannot attend camp until they have been evaluated by a healthcare professional. Camp directors must receive written approval by a healthcare professional before children return to camp.

As a reminder: refunds and credits will not be issued for single-day based absence and/or illness.



Scan QR code
to view the entire
Parent Handbook



INCLUSION

All Southeast Ventura County YMCA programs operate in accordance with all state and federal policies. We work to ensure that everyone, regardless of ability, age, cultural background, ethnicity, faith, gender, gender identity, ideology, income, national origin, race or sexual orientation has the opportunity to reach their full potential with dignity.

YMCA summer camps are designed to provide accessibility for children with moderate visual, auditory, orthopedic, mental and emotional challenges. Call camp directors to discuss your child's specific needs prior to registering.

SAFETY & SUPERVISION

All staff are CPR and First Aid certified. Staff participate in a week-long training of YMCA policies and procedures. Campers are supervised by staff at all times. At no time will one YMCA staff member be alone with one child. At no time will YMCA LIT campers supervise campers without a YMCA camp counselor present.



WHAT TO PACK FOR CAMP

SWIMSUIT
AND TOWEL

HEALTHY LUNCH
AND TWO SNACKS
(READY-TO-EAT)

SUNSCREEN

HAT
(OPTIONAL)

CLOSE-TOED
SHOES

"I'M READY
TO HAVE FUN"
ATTITUDE

REFILLABLE
WATER BOTTLE



SWIMMING AT THE Y

In order to ensure the safety of all swimmers at the Y, we conduct swim tests! Swim tests allow the aquatic staff to make recommendations regarding personal flotation devices and appropriate swim areas based on the swimmer's skill level.

WHAT IS THE SWIM TEST?

The swim test consists of 2 parts: swimming the length of the pool and treading water for 30 seconds.

We conduct this test for all of our youth swimmers to ensure they have the strength and stamina to keep their head above water and get to the closest wall, if need be.

WHAT ARE WE LOOKING FOR WHEN CONDUCTING A SWIM TEST?

We are looking for continuous forward movement through the water and the stamina to support it. If we see a swimmer who can swim the length of the pool but looks exhausted or their body position has gone from horizontal to vertical, then we will recommend that they wear a life jacket or puddle jumper. Even though they may have been able to swim the length, they may not have the stamina to swim without an adult in the water for an extended amount of time, which can easily lead to an aquatic emergency.

WHO NEEDS TO TAKE THE SWIM TEST?

Any child that would like to swim without a life jacket or puddle jumper is required to take the swim test. If you would prefer your child to wear a life jacket/puddle jumper, we can easily set them up without putting them through the swim test.

Please remember that swimming at the Y is different than swimming in a backyard pool. Please review the rules so that you are familiar with them. We can't wait for you to enjoy our pool and to have a fun (and safe) experience!



SAFE POOLS HAVE RULES

SWIM SAFELY

- Obey the lifeguard at all times.
- Lifeguards are on duty to enforce rules and respond in case of emergency.
- Breath holding activities are not permitted in Y pools.
- YMCA lifeguards may test the swimming competency of any swimmer.

PLAY SAFELY

- No riding on backs, diving, running or rough play.
- We have camp staff in the water the entire time during swim sessions.
- Non-swimmers may wear a U.S. Coast Guard approved personal flotation device, such as a life jacket or puddle jumper and must have an adult in the pool with them at all times. No water wings, floaties or other inflatables.
- No sitting, hanging on or crossing over lane lines.

RESPECT OTHERS

- All swimmers must shower at the YMCA before entering the pool.
- Proper swim attire must be worn at all times. Cut-offs, t-shirts or other cotton clothing are NOT permitted in the pool.
- No food, glass or gum is allowed in the pool area. Plastic water bottles are allowed.
- Please throw all trash in designated trash receptacles.
- Return equipment to the appropriate location after use.
- Please have the utmost respect for the Y's equipment.
- Be safe and have fun!



WE ARE HIRING FOR CAMP!

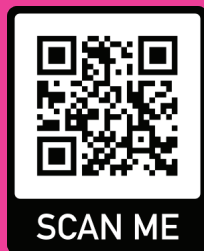
We are hiring camp staff for the summer of 2025 at both of our camp locations:
Simi Valley Family YMCA & Yarrow Family YMCA.

WORK FOR THE Y!

A Camp Counselor is more than a job:

- Feel valued and respected
- Be a role model
- Forge meaningful relationships with peers
- Work outside with children
- Gain valuable experience and build your resume
- Leadership development
- Creative thinking
 - Time management
 - Problem solving
 - Communication
 - Collaboration
- AND SO MUCH MORE!

PLUS,
You receive
a **FREE Y**
Membership!



SOUTHEAST VENTURA COUNTY YMCA

Simi Valley Family YMCA

3200 Cochran St, Simi Valley
(805) 583-5338

Yarrow Family YMCA

31105 Thousand Oaks Blvd, Westlake Village
(818) 707-9622

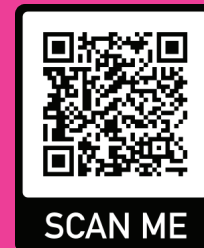
www.sevymca.org/jobs • info@sevymca.org

SEND A CHILD TO CAMP

IMAGINE THE IMPACT YOU CAN MAKE

Summer at the Y is filled with excitement, adventure, new friends, lifelong memories and discovery. Amidst all the fun of swimming, sports, activities, archery, STEM, on-site shows, picnics in the park and art, children develop positive attitudes and skills that build character and promote leadership.

For many families, this wonderful opportunity is not possible without the financial assistance that SEND A CHILD TO CAMP provides.



GOAL
To help 50
children attend
Summer Camp
2025!



FINANCIAL ASSISTANCE

Financial assistance is available to ensure that every child is given the opportunity to experience summer camp. Please contact us at info@sevymca.org or stop by the front desk at your local Y to learn more about our camp and financial assistance options.





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

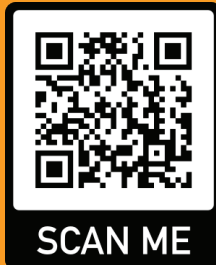
Registration NOW OPEN!

EXPLORE DREAM DISCOVER

AFTERSCHOOL PROGRAM



Learn More About
Our Afterschool
Program



SIMI VALLEY FAMILY YMCA

TK – 6th

- Arroyo Elementary
- Atherwood Elementary
- Big Springs Elementary
- Hollow Hills Elementary
- Katherine Elementary
- Sycamore Elementary
- White Oak Elementary

CONEJO VALLEY YMCA

TK – 5th

- MATES
- Peach Hill Academy

YARROW FAMILY YMCA

TK – 5th

- Sumac/Mariposa Elementary
- White Oak Elementary
- Willow Elementary
- Yerba Buena Elementary

Katie Oberman, Sr. Child Care Director

Yarrow Family YMCA & Conejo Valley YMCA

koberman@sevymca.org | 818.707.9622 ext. 5012

Val Ross, Sr. Child Care Director

Simi Valley Family YMCA

vross@sevymca.org | 805.583.5338 ext. 4005

www.sevymca.org/child-care

*Not affiliated with CVUSD, LVUSD, MUSD or SVUSD

